

HEALTH ALERT



28 July 2021

The **World Health Organisation (WHO)** recently declared the **Coronavirus COVID-19** outbreak a public health emergency of international concern.

In an effort to minimise risk to our employees, sub-contractors and customers, The Land Transport group has implemented the below in conjunction with advice from WHO & Department of Health (DoH) to combat the risk of Coronavirus:

QR Check in codes have been introduced in all depots. All staff (including interstate drivers), visitors, subcontractors and anyone who attends a depot, are to use the QR check in upon arrival to the depot.

- **Wash hands frequently** with soap & water for a **minimum of 20 seconds** or use an alcohol-based hand rub.
- **Practice respiratory hygiene** when coughing and sneezing, cover mouth and nose with flexed elbow or tissue – discard tissue immediately into a closed bin and clean your hands as per above.
- Where possible **maintain a social distance** by upholding at least **4m² distance** between yourself and other employees.
- **Avoid touching eyes, nose and mouth** with your hands as you can transfer the virus from surfaces to yourself.
- **Avoid shaking hands** or touching another person/s.
- We **recommend** you minimise any non-essential domestic or international travel.
- Where possible reduce **face to face meetings** to phone hook ups, if meetings are required, only have the essential person/s in attendance.
- Avoid **large gatherings**, particularly indoors.
- **Brief toolbox talks** are to be held **outside daily**, maintaining the **4m² distance** for each employee or **one on one**.
- When conditions permit, **open doors and windows** to let fresh air in.
- Ensure all **air conditioning** units remain up to date with their **quarterly servicing** (Please check with Eileen in Head Office if you are unsure).
- No **non-essential visitor/s** to site.
- Ensure **EFTPOS machine** is wiped down after each use.
- All tea, coffee, sugar, milk, crockery and cutlery has been removed from all Land Transport kitchen and amenities.
- **No passengers** to be in any Land Transport long distance vehicles.
- **Local prime movers** are to be **used** where possible instead of interstate prime movers.
- Keep as many **internal doors open** as possible to **reduce** the use of **high touch points** (door handles).
- All queries are to be emailed or phoned to internal departments, as **all face to face encounters** need to be at an **absolute minimum** and only when essential.
- In the attempt to reduce the amount of non-essential personnel in the offices, **external doors** are to be locked where possible or bollards put in place to maintain 1.5m distance.
- **Cleaners** are now completing cleans of all Land Transport depots **5 days per week**.
- We recommend you **use gloves when fuelling your vehicles**.
- **Pen** to be **removed** from **visitor** sign in / out **books**.
- Carry and use your own **pen/s** at all times.
- **Forklift drivers** to **wear gloves** at all time when operating the forklifts.
- All staff are encouraged to have a **flu shot**.
- **Hand sanitisers, masks, disposable gloves, surface sanitising sprays and disinfectant wipes** have been distributed throughout the company.
- **Shower spray** and **toilet wipes** have been distributed throughout the company.
- **Sanitising stations** have been installed into our depots at point of entry.
- Land Transport's **Covid-19 Safety Plan** has been issued to all our staff and subcontractors.
- All staff and approved visitors (Including Subcontractors) in all depots are to be **temperature tested** prior to commencing work each and every day until further notice. The normal body temperature range is **36.1c – 37.2c**. The temperature test results are to be recorded (form template in your depot folders) a copy of all results is to be sent to compliance.
- We request all long-distance drivers to be **COVID-19 tested** on a 7-day cycle. See below the testing sites (Page 5).
- All depots have been instructed that common lunchrooms are to have a maximum of 4 people at any one time and that chairs are to be taken out of lunchrooms, leaving a maximum of 4 only.
- Drivers have been issued with disinfectant wipes to wipe down surfaces etc in their trucks.
- All depots are issued with a monthly checklist for cleaning/sanitising supplies. If supplies are required, these are sent out immediately.
- As directed by SA Government, the Adelaide depot now has a COVID-19 marshal.

For now, **it is business as usual for us**. We have no reported confirmed cases of COVID-19 associated with our employees or their families. Our priority remains to be the health and safety of our employees, sub-contractors and customers. In line with this, our second priority is to remain open for business and to continue to provide livelihoods for our employees, sub-contractors, customers and their families. **Even with Australian state borders closing, all road transport will continue as it is considered an essential service. We will keep on truckin'.**

Please see below extract from the DoH website regarding self-quarantine after returning to Australia from overseas:

“Staying at home means you:

- do not go to public places such as work, school, shopping centres, childcare or university*
- ask someone to get food and other necessities for you and leave them at your front door*
- do not let visitors in — only people who usually live with you should be in your home*

You do not need to wear a mask in your home. If you need to go out to seek medical attention, wear a surgical mask (if you have one) to protect others.

You should stay in touch by phone and on-line with your family and friends.”

Key symptoms of COVID-19 are:

- Fever
- Cough
- Sore Throat
- Fatigue

For information on COVID-19, use the COVID-19 Symptom Check via <https://www.healthdirect.gov.au/symptom-checker/tool/basic-details> or contact the Australian Government’s National Coronavirus Helpline on 1800 020 080.

KEEP OUR SPIRITS HIGH & HANDS CLEAN

NB: Important notes and additions see in bold.

STATE BORDER REQUIREMENTS

All staff are to adhere to any/all written directives from any/all Governing bodies

| STATE | BORDER PASS | TESTING REQUIREMENTS | FACEMASK REQUIREMENTS | WEBSITE | COMMENTS |
|------------|--|--|---|---|--|
| ACT | NO | | YES | https://www.covid19.act.gov.au/community/travel | |
| NSW | YES, FROM WA, QLD, VIC, SA | YES, IF FROM FAIRFIELD, LIVERPOOL & CANTERBURY-BANKSTOWN, BLACKTOWN, CUMBERLAND COMING INTO NON RED ZONE TO WORK MUST GET TESTED EVERY 72 HOURS, WITH THE EXCEPTION OF FREIGHT DELIVERY WORKERS WHO DO NOT LIVE IN ANY OF THESE LGAs | YES – IN THE GREAT SYDNEY INCL BLUE MTS, CENTRAL COAST, WOLLONGONG & SHELLHARBOUR | https://www.service.nsw.gov.au/transaction/complete-nsw-entry-declaration-queensland | |
| NT | YES PER TRIP + Freight risk Mitigation Management Plan | YES | YES | https://coronavirus.nt.gov.au/community-advice/border-controls | *RECORD OF CLOSE CONTACT |
| QLD | YES – FROM ALL STATES | YES – YOU NEED PROOF OF A NEGATIVE TEST WITHIN 7 DAYS OF ENTRY INTO QLD | YES – IN THE GREATER BRISBANE AREA AND SURROUNDS | https://www.qld.gov.au/border-pass | |
| VIC | YES | YES, IF FROM A RED ZONE – EVERY 3 DAYS | NO | https://www.service.vic.gov.au/services/border-permit/home | |
| SA | YES | YES – MUST HAVE EVIDENCE OF A TEST WITHIN THE LAST 48 HRS OR MUST HAVE TEST WITHIN 24 HRS | YES – WHENEVER IN CONTACT WITH THE PUBLIC | https://www.police.sa.gov.au/sa-police-news-assets/front-page-news/sa-police-news | * RECORD OF CLOSE CONTACT IS STILL REQUIRED TO BE FILLED OUT |
| WA | YES-IF FROM ANY STATE G2G PASS SET UP ON PHONE | YES- IF YOU ARE IN WA FOR MORE THAN 48 HOURS OR PROVIDE EVIDENCE OF TESTING WITHIN 5 DAYS. YOU DO NOT HAVE TO SELF ISOLATE AFTER TESTING | | https://www.wa.gov.au/government/document-collections/coronavirus-covid-19-state-of-emergency-declarations | |

[LINK TO QLD FREIGHT PROTOCOL](#)

<https://www.health.qld.gov.au/system-governance/legislation/cho-public-health-directions-under-expanded-public-health-act-powers/border-restrictions/freight-services-protocol>

[LINK TO MAP OF TESTING SITES](#)

<https://nhvr.maps.arcgis.com/apps/webappviewer/index.html?id=eb63f81247844052aaad2f71fe31792c>



WHAT YOU NEED TO ENTER QLD



YOUR **FIVE** MANDATORY REQUIREMENTS

drivers have until 30 July to comply with **testing** requirements

FROM A **HOTSPOT** MUST HAVE

1. Current **Border Declaration 'F' Pass** AND
2. By 30 July - evidence of a negative test in the past 7 days AND
3. continue to have a covid test every 7 days AND
4. carry a copy of the business COVID Safe Plan AND
5. carry a Close Contact Record Sheet.



FROM AN ***AFFECTED AREA ONLY** - MUST HAVE

This **ONLY** currently includes (*Fairfield, Liverpool and Canterbury Bankstown LGA's in NSW)

- Current Border Declaration 'F' Pass **every time** you enter Qld AND
- By 30 July evidence of a negative test in the past 7 days AND evidence of a test within past 72 hours of entering AND
- continue to have a covid test every 3 days while AND
- carry a copy of the business COVID Safe Plan AND
- carry a Close Contact Record Sheet.

Current as at 23/07/21 & drivers have until 30 July to comply with testing requirements



COVID-19 TESTING SITES

We request all long-distance drivers to be COVID-19 tested on a **7-DAY CYCLE**.

If you are presenting for an asymptomatic test there will be **NO** consequences as a result of not self-isolating, even if you are instructed to do so.

If you present to a regional hospital and are told you must self-isolate, please **DO NOT** argue with the hospital staff, just have the test and say thanks and leave.

TRUCK FRIENDLY DRIVE THROUGH

SA

Tailem Bend- 24 hours 7 days
Yamba Caltex- 8am-4pm 7 days
Port Augusta Respiratory Clinic (behind hospital, off Giles Street) ring first 08 8668 7786
Puma Port Augusta – 9.00am to 5.00pm

NSW

Narrandera Roadhouse- 24 hours 7 days
Taree Service Centre (Pacific Highway)- 24 hours 7 days
Narrabarba Rest Area (Princes Highway) - 24 hours 7 days
Tarcutta truck change-over yard – 24 hours 7 days
Forbes Caltex Service Centre (Newell Highway) – 24 hours 7 days
Walgett Hospital 141 Fox St – 24 hours 7 days

VIC

Beveridge Truck Stop (Southbound) (Hume Freeway) – 6pm – 6am (STC)
Broadford Weighbridge (Northbound) (Hume Freeway) – 6pm – 6am (STC)
Benalla Health – Drive through – 45-63 Coster Street – 9.30am – 6pm (Mon-Fri) 1.30pm – 3.30pm (Sat–Sun)
Northeast Health-Wangaratta 58 Docker Street – 8am – 12.30pm (Mon, Wed, Fri, Sun) Closed (Tue, Thu, Sat)
Wodonga Respiratory Clinic – 224-226 Beechworth Road – 8.30am – 6pm (Mon – Fri) Closed (Sat-Sun)

NT

Freight Industry Testing Facility- Truck Central (15 Tandem Street, Wishart NT)- Monday, Tuesday and Wednesday 8am-4pm
Must book a test: Call 0448 582 731 during above hours. Once arrived, stay in vehicle and call or text 0448 582 731

NON- TRUCK FRIENDLY

QLD

QEII Hospital Coopers Plains- 10am-4pm Monday to Sunday (**APPOINTMENT ONLY- 07 3182 6500**)
Baillie Henderson Hospital- 8:30am-4pm 7 days
Browns Plains Community Centre – Cnr Middle Rd & Wineglass St Hillcrest

NSW

Broken Hill (CRYSTAL STREET)- 10am-2pm Monday to Friday (**CAR DRIVE THROUGH**)
Wilcannia- 8.30am-4pm Monday to Friday (**PARK TRUCK AND WALK**)

WA

Armadale Health Service, Ground Floor, 3056 Albany Highway, Mount Nasura – 10am to 6pm 7 Days
Fiona Stanley Hospital, Bedbrook Row, North-eastern end of hospital, Murdoch– 10am to 6pm 7 Days
Joondalup Hospital, Car Park P4, Regents Park Road Joondalup– 10am to 6pm 7 Days
Royal Perth Hospital, Ground Floor, Ainslie House, 48 Murray Street, Perth– 10am to 6pm 7 Days
Rockingham General Hospital, Elanora Drive, Cooloongup– 10am to 6pm 7 Days
Sir Charles Gairdner Hospital, C Block, Hospital Avenue, Nedlands– 10am to 6pm 7 Days
St John of God Midland Hospital, Yelverton Drive, Midland– 10am to 6pm 7 Days
Broome Hospital, Corner of Anne and Robinson Streets, Broome - 8.30am-4pm 7 days
Bunbury Health Campus, Bussell Highway (cnr Robertson Drive; 30m left of the main entrance) - 10am-4pm 7 days