

HEALTH ALERT

15 September 2021

The **World Health Organisation (WHO)** recently declared the **Coronavirus COVID-19** outbreak a public health emergency of international concern.

In an effort to minimise risk to our employees, sub-contractors and customers, The Land Transport group has implemented the below in conjunction with advice from WHO & Department of Health (DoH) to combat the risk of Coronavirus:

QR Check in codes have been introduced in all depots. All staff (including interstate drivers), visitors, subcontractors and anyone who attends a depot, are to use the QR check in upon arrival to the depot.

- **Wash hands frequently** with soap & water for a **minimum of 20 seconds** or use an alcohol-based hand rub.
- **Practice respiratory hygiene** when coughing and sneezing, cover mouth and nose with flexed elbow or tissue – discard tissue immediately into a closed bin and clean your hands as per above.
- Where possible **maintain a social distance** by upholding at least **4m² distance** between yourself and other employees.
- **Avoid touching eyes, nose and mouth** with your hands as you can transfer the virus from surfaces to yourself.
- **Avoid shaking hands** or touching another person/s.
- We **recommend** you minimise any non-essential domestic or international travel.
- Where possible reduce **face to face meetings** to phone hook ups, if meetings are required, only have the essential person/s in attendance.
- Avoid **large gatherings**, particularly indoors.
- **Brief toolbox talks** are to be held **outside daily**, maintaining the **4m² distance** for each employee or **one on one**.
- When conditions permit, **open doors and windows** to let fresh air in.
- Ensure all **air conditioning** units remain up to date with their **quarterly servicing** (Please check with Eileen in Head Office if you are unsure).
- No **non-essential visitor/s** to site.
- Ensure **EFTPOS machine** is wiped down after each use.
- All tea, coffee, sugar, milk, crockery and cutlery has been removed from all Land Transport kitchen and amenities.
- **No passengers** to be in any Land Transport long distance vehicles.
- **Local prime movers** are to be **used** where possible instead of interstate prime movers.
- Keep as many **internal doors open** as possible to **reduce** the use of **high touch points** (door handles).
- All queries are to be emailed or phoned to internal departments, as **all face to face encounters** need to be at an **absolute minimum** and only when essential.
- In the attempt to reduce the amount of non-essential personnel in the offices, **external doors** are to be locked where possible or bollards put in place to maintain 1.5m distance.
- **Cleaners** are now completing cleans of all Land Transport depots **5 days per week**.
- We recommend you **use gloves when fuelling your vehicles**.
- **Pen** to be **removed** from **visitor sign in / out books**.
- Carry and use your own **pen/s** at all times.
- **Forklift drivers** to **wear gloves** at all time when operating the forklifts.
- All staff are encouraged to have a **flu shot**.
- **Hand sanitisers, masks, disposable gloves, surface sanitising sprays and disinfectant wipes** have been distributed throughout the company.
- **Shower spray and toilet wipes** have been distributed throughout the company.
- **Sanitising stations** have been installed into our depots at point of entry.
- Land Transport's **Covid-19 Safety Plan** has been issued to all our staff and subcontractors.
- All staff and approved visitors (Including Subcontractors) in all depots are to be **temperature tested** prior to commencing work each and every day until further notice. The normal body temperature range is **36.1c – 37.2c**. The temperature test results are to be recorded (form template in your depot folders) a copy of all results is to be sent to compliance.
- We request all long-distance drivers to be **COVID-19 tested** on a 7-day cycle. See below the testing sites (Page 5).

- All depots have been instructed that common lunchrooms are to have a maximum of 4 people at any one time and that chairs are to be taken out of lunchrooms, leaving a maximum of 4 only.
- Drivers have been issued with disinfectant wipes to wipe down surfaces etc in their trucks.
- All depots are issued with a monthly checklist for cleaning/sanitising supplies. If supplies are required, these are sent out immediately.
- As directed by SA Government, the Adelaide depot now has a COVID-19 marshal.
- We strongly urge all to use Roadhouses and Takeaway establishments at a minimum when and where possible. If public restrooms are used, ensure that you practice good and safe hygiene and always use your own cleansing products.
- If any extra PPE or sanitising equipment is required, contact Compliance.
- We recommend that all get vaccinated.

For now, **it is business as usual for us**. We have no reported confirmed cases of COVID-19 associated with our employees or their families. Our priority remains to be the health and safety of our employees, sub-contractors and customers. In line with this, our second priority is to remain open for business and to continue to provide livelihoods for our employees, sub-contractors, customers and their families.

Even with Australian state borders closing, all road transport will continue as it is considered an essential service.

We will keep on truckin'.

Please see below extract from the DoH website regarding self-quarantine after returning to Australia from overseas:
"Staying at home means you:

- do not go to public places such as work, school, shopping centres, childcare or university
- ask someone to get food and other necessities for you and leave them at your front door
- do not let visitors in — only people who usually live with you should be in your home

You do not need to wear a mask in your home. If you need to go out to seek medical attention, wear a surgical mask (if you have one) to protect others.

You should stay in touch by phone and on-line with your family and friends."

Key symptoms of COVID-19 are:

- Fever
- Cough
- Sore Throat
- Fatigue

For information on COVID-19, use the COVID-19 Symptom Check via <https://www.healthdirect.gov.au/symptom-checker/tool/basic-details> or contact the Australian Government's National Coronavirus Helpline on 1800 020 080.

KEEP OUR SPIRITS HIGH & HANDS CLEAN

NB: Important notes and additions see in bold.

STATE BORDER REQUIREMENTS

All staff are to adhere to any/all written directives from any/all Governing bodies

STATE	BORDER PASS	TESTING REQUIREMENTS	FACEMASK REQUIREMENTS	WEBSITE	COMMENTS	VACCINE REQUIREMENTS
ACT	YES		YES	https://www.covid19.act.gov.au/community/travel		NO
NSW	YES, FROM WA, QLD, VIC, SA PER TRIP	BAYSIDE, BLACKTOWN, BURWOOD, CAMPBELLTOWN, CATERBURY-BANKSTOWN, CUMBERLAND, FAIRFIELD, GEORGES RIVER, LIVERPOOL, PARRAMATTA, STRATHFIELD, CADDENS, CLAREMONT MEADOWS, COLYTON, ERSKINE PARK, KEMPS CREEK, KINGSWOOD, MOUNT VERNON, NORTH ST MARYS, ORCHARD HILLS, OXLEY PARK, ST CLAIR, ST MARYS	YES	https://www.service.nsw.gov.au/transaction/complete-nsw-entry-declaration-queensland	ANY PERSON LIVING OR WORKING IN AN AREA OF CONCERN LGA AND NEEDS TO LEAVE THAT LGA MUST HAVE EVIDENCE OF ONE DOSE OF VACCINATION	NO
NT	YES PER TRIP + Freight risk Mitigation Management Plan	YES	YES	https://coronavirus.nt.gov.au/community-advice/border-controls	*RECORD OF CLOSE CONTACT	NO
QLD	YES – FROM ALL STATES FORTNIGHTLY	YES – YOU NEED PROOF OF A NEGATIVE TEST WITHIN 7 DAYS OF ENTRY INTO QLD OR EVIDENCE OF A TEST WITHIN 72 HRS (FROM GREATER SYDNEY & AREAS OF CONCERN LGA'S	YES – IN THE GREATER BRISBANE AREA AND SURROUNDS – INDOORS OR IF YOU ARE NOT ABLE TO PRACTICE SOCIAL DISTANCING OUTDOORS	https://www.qld.gov.au/border-pass		NO
VIC	YES WEEKLY	YES, IF FROM A RED ZONE – EVERY 3 DAYS	NO	https://www.service.vic.gov.au/services/border-permit/home		YES

SA	YES EXITING ET NUMBER UNLESS EXPIRED	YES - ARRIVING FROM OR HAVE BEEN TO NSW, ACT & VIC PROOF OF A NEGATIVE RESULT WITHIN 72 HRS	YES – WHENEVER IN CONTACT WITH THE PUBLIC	https://www.police.sa.gov.au/sa-police-news-assets/front-page-news/sa-police-news	* RECORD OF CLOSE CONTACT IS STILL REQUIRED TO BE FILLED OUT	YES
WA	YES-IF FROM ANY STATE G2G PASS SET UP ON PHONE	YES – MUST HAVE PROOF OF A NEGATIVE RESULT WITHIN 72 HOURS OF ENTERING WA IF RESULT HAS NOT BEEN RECEIVED YOU NEED TO UNDERTAKE A RAPID ANTIGEN TEST (RAT) AT THE BORDER AND WAIT FOR RESULTS		https://www.wa.gov.au/government/document-collections/corona-virus-covid-19-state-of-emergency-declarations	MUST SELF ISOLATE WHEN NOT WORKING	NO

LINK TO QLD FREIGHT PROTOCOL

<https://www.health.qld.gov.au/system-governance/legislation/cho-public-health-directions-under-expanded-public-health-act-powers/border-restrictions/freight-services-protocol>

LINK TO MAP OF TESTING SITES

<https://nhvr.maps.arcgis.com/apps/webappviewer/index.html?id=eb63f81247844052aaad2f71fe31792c>

COVID-19 TESTING SITES

We request all long-distance drivers to be COVID-19 tested on a **7-DAY CYCLE**.

If you are presenting for an asymptomatic test there will be **NO** consequences as a result of not self-isolating, even if you are instructed to do so.

If you present to a regional hospital and are told you must self-isolate, please **DO NOT** argue with the hospital staff, just have the test and say thanks and leave.

TRUCK FRIENDLY

QLD

Port of Brisbane 58 Port Drive – 6am – 5pm Mon – Fri 6am – 3pm Sat 6am – 11.30am Sun
Caltex Goondiwindi – 8am-4pm 7 days
BP Charlton – 8am-4pm (Mon-Fri) 8am-3pm (Sat-Sun)
Boondall Entertainment Centre 1 Melaleuca Drive – 8am – 4pm 7 days

SA

Peterborough turnoff – 8am – 5pm 7 days
Tailem Bend- 24 hours 7 days
Yamba Caltex- 8am-4pm 7 days
Port Augusta Respiratory Clinic (behind hospital, off Giles Street) ring first 08 8668 7786
Puma Port Augusta – 9.00am to 5.00pm

NSW

Dubbo, Blackbutt rest area, Northbound, Newell Hwy – assisted staff onsite between 6am – 9pm 7 days (telehealth after hours)

Branxton Rest Area – 24 hours 7 days **OPENING 7AM THURSDAY 9TH SEPT**
BP Marulan - 24 hours 7 days
Moree Village Camp – 8am – 5pm 7 days
BP Ballina 41 Bruxner Hwy – 24 hours 7 days
Ampol Yass 1715 Yass Valley Way (off Hume Hwy) - 24 hours 7 days
Armidale Airport Business Park Cameron Rd (off New England Hwy – 8am – 3pm Mon-Fri 8am – 12pm Sat-Sun)
Puma Moree 3 Blueberry Road – 9am – 3pm 7 days
Dubbo Showgrounds – 8am – 4pm Mon-Fri 8am – 12pm Sat-Sun
Narrandera Roadhouse- 24 hours 7 days
Taree Service Centre (Pacific Highway)- 24 hours 7 days
Narrabarba Rest Area (Princes Highway) - 24 hours 7 days
Tarcutta truck change-over yard – 24 hours 7 days
Forbes Caltex Service Centre (Newell Highway) – 24 hours 7 days
Walgett Hospital 141 Fox St – 24 hours 7 days

VIC

Beveridge Truck Stop (Southbound) (Hume Freeway) – 6pm – 6am (STC)
Broadford Weighbridge (Northbound) (Hume Freeway) – 6pm – 6am (STC)
Benalla Health – Drive through – 45-63 Coster Street – 9.30am – 6pm (Mon-Fri) 1.30pm – 3.30pm (Sat-Sun)
Northeast Health-Wangaratta 58 Docker Street – 8am – 12.30pm (Mon, Wed, Fri, Sun) Closed (Tue, Thu, Sat)
Wodonga Respiratory Clinic – 224-226 Beechworth Road – 8.30am – 6pm (Mon – Fri) Closed (Sat-Sun)

NT

Freight Industry Testing Facility- Truck Central (15 Tandem Street, Wishart NT)- Monday, Tuesday and Wednesday
8am-4pm

Must book a test: Call 0448 582 731 during above hours. Once arrived, stay in vehicle and call or text 0448 582 731

NON - TRUCK FRIENDLY

QLD

Baillie Henderson Hospital- 8:30am-4pm 7 days
Browns Plains Community Centre – Cnr Middle Rd & Wineglass St Hillcrest

NSW

Broken Hill (CRYSTAL STREET)- 10am-2pm Monday to Friday (CAR DRIVE THROUGH)
Wilcannia- 8.30am-4pm Monday to Friday (PARK TRUCK AND WALK) (SLOW WITH RESULTS)

WA

Armadale Health Service, Ground Floor, 3056 Albany Highway, Mount Nasura – 10am to 6pm 7 Days

PLEASE ENSURE THAT YOU SEND A COPY OF YOUR TEST AND THE RESULT TO THE COMPLIANCE PHONE

If you are not sure of anything, please give the compliance phone a ring.

You can now record and upload a photo of your test and result on your I-Face (Found under Forms).

We recommend all staff be vaccinated as soon as practical

WALK IN VACCINE CLINICS

QLD

Rocklea Showgrounds – Goburra & Ipswich Rds
Logan Entertainment Centre – 170 Wembley Rd Logan Central
Ipswich CBD Community Clinic – 163 Brisbane St Ipswich
Bailee Henderson – Mort St Toowoomba (before midday)
Clifford Gardens Toowoomba – Carpark under shopping centre

NSW

Broken Hill Civic Centre – 31 Chloride St Broken Hill
Wyong Hospital – Pacific Hwy Wyong