

# HEALTH ALERT

1 November 2021

The **World Health Organisation (WHO)** recently declared the **Coronavirus COVID-19** outbreak a public health emergency of international concern.

In an effort to minimise risk to our employees, sub-contractors and customers, The Land Transport group has implemented the below in conjunction with advice from WHO & Department of Health (DoH) to combat the risk of Coronavirus:

**QR Check in codes** have been introduced in all depots. All staff (including interstate drivers), visitors, subcontractors and anyone who attends a depot, are to use the QR check in upon arrival to the depot.

- **Wash hands frequently** with soap & water for a **minimum of 20 seconds** or use an alcohol-based hand rub.
- **Practice respiratory hygiene** when coughing and sneezing, cover mouth and nose with flexed elbow or tissue – discard tissue immediately into a closed bin and clean your hands as per above.
- Where possible **maintain a social distance** by upholding at least **4m<sup>2</sup> distance** between yourself and other employees.
- **Avoid touching eyes, nose and mouth** with your hands as you can transfer the virus from surfaces to yourself.
- **Avoid shaking hands** or touching another person/s.
- We **recommend** you minimise any non-essential domestic or international travel.
- Where possible reduce **face to face meetings** to phone hook ups, if meetings are required, only have the essential person/s in attendance.
- Avoid **large gatherings**, particularly indoors.
- **Brief toolbox talks** are to be held **outside daily**, maintaining the **4m<sup>2</sup> distance** for each employee or **one on one**.
- When conditions permit, **open doors and windows** to let fresh air in.
- Ensure all **air conditioning** units remain up to date with their **quarterly servicing** (Please check with Eileen in Head Office if you are unsure).
- No **non-essential visitor/s** to site.
- Ensure **EFTPOS machine** is wiped down after each use.
- All tea, coffee, sugar, milk, crockery and cutlery has been removed from all Land Transport kitchen and amenities.
- **No passengers** to be in any Land Transport long distance vehicles.
- **Local prime movers** are to be **used** where possible instead of interstate prime movers.
- Keep as many **internal doors open** as possible to **reduce** the use of **high touch points** (door handles).
- All queries are to be emailed or phoned to internal departments, as **all face to face encounters** need to be at an **absolute minimum** and only when essential.
- In the attempt to reduce the amount of non-essential personnel in the offices, **external doors** are to be locked where possible or bollards put in place to maintain 1.5m distance.
- **Cleaners** are now completing cleans of all Land Transport depots **5 days per week**.
- We recommend you **use gloves when fuelling your vehicles**.
- **Pen** to be **removed** from **visitor sign in / out books**.
- Carry and use your own **pen/s** at all times.
- **Forklift drivers** to **wear gloves** at all time when operating the forklifts.
- All staff are encouraged to have a **flu shot**.
- **Hand sanitisers, masks, disposable gloves, surface sanitising sprays and disinfectant wipes** have been distributed throughout the company.
- **Shower spray and toilet wipes** have been distributed throughout the company.
- **Sanitising stations** have been installed into our depots at point of entry.
- Land Transport's **Covid-19 Safety Plan** has been issued to all our staff and subcontractors.
- All staff and approved visitors (Including Subcontractors) in all depots are to be **temperature tested** prior to commencing work each and every day until further notice. The normal body temperature range is **36.1c – 37.2c**. The temperature test results are to be recorded (form template in your depot folders) a copy of all results is to be sent to compliance.
- We request all long-distance drivers to be **COVID-19 tested** on a 7-day cycle. See below the testing sites (Page 5).

- All depots have been instructed that common lunchrooms are to have a maximum of 4 people at any one time and that chairs are to be taken out of lunchrooms, leaving a maximum of 4 only.
- Drivers have been issued with disinfectant wipes to wipe down surfaces etc in their trucks.
- All depots are issued with a monthly checklist for cleaning/sanitising supplies. If supplies are required, these are sent out immediately.
- As directed by SA Government, the Adelaide depot now has a COVID-19 marshal.
- We strongly urge all to use Roadhouses and Takeaway establishments at a minimum when and where possible. If public restrooms are used, ensure that you practice good and safe hygiene and always use your own cleansing products.
- If any extra PPE or sanitising equipment is required, contact Compliance.
- We recommend that all get vaccinated.

For now, **it is business as usual for us**. We have no reported confirmed cases of COVID-19 associated with our employees or their families. Our priority remains to be the health and safety of our employees, sub-contractors and customers. In line with this, our second priority is to remain open for business and to continue to provide livelihoods for our employees, sub-contractors, customers and their families.

**Even with Australian state borders closing, all road transport will continue as it is considered an essential service.**

**We will keep on truckin'.**

Please see below extract from the DoH website regarding self-quarantine after returning to Australia from overseas:

*“Staying at home means you:*

- *do not go to public places such as work, school, shopping centres, childcare or university*
- *ask someone to get food and other necessities for you and leave them at your front door*
- *do not let visitors in — only people who usually live with you should be in your home*

*You do not need to wear a mask in your home. If you need to go out to seek medical attention, wear a surgical mask (if you have one) to protect others.*

*You should stay in touch by phone and on-line with your family and friends.”*

**Key symptoms of COVID-19 are:**

- Fever
- Cough
- Sore Throat
- Fatigue

For information on COVID-19, use the COVID-19 Symptom Check via <https://www.healthdirect.gov.au/symptom-checker/tool/basic-details> or contact the Australian Government’s National Coronavirus Helpline on 1800 020 080.

**KEEP OUR SPIRITS HIGH & HANDS CLEAN**

**NB: Important notes and additions see in bold.**

## STATE BORDER REQUIREMENTS

All staff are to adhere to any/all written directives from any/all Governing bodies

STATE	BORDER PASS	TESTING REQUIREMENTS	FACEMASK REQUIREMENTS	WEBSITE	COMMENTS	VACCINE REQUIREMENTS
ACT	YES		YES	<a href="https://www.covid19.act.gov.au/community/travel">https://www.covid19.act.gov.au/community/travel</a>		NO
NSW	YES, FROM WA, QLD, VIC, SA <b>PER TRIP</b>	BAYSIDE, BLACKTOWN, BURWOOD, CAMPBELLTOWN, CATERBURY-BANKSTOWN, CUMBERLAND, FAIRFIELD, GEORGES RIVER, LIVERPOOL, PARRAMATTA, STRATHFIELD, CADDENS, CLAREMONT MEADOWS, COLYTON, ERSKINE PARK, KEMPS CREEK, KINGSWOOD, MOUNT VERNON, NORTH ST MARYS, ORCHARD HILLS, OXLEY PARK, ST CLAIR, ST MARYS	YES	<a href="https://www.service.nsw.gov.au/transaction/complete-nsw-entry-declaration-queensland">https://www.service.nsw.gov.au/transaction/complete-nsw-entry-declaration-queensland</a>	ANY PERSON LIVING OR WORKING IN AN AREA OF CONCERN LGA AND NEEDS TO LEAVE THAT LGA <b>MUST</b> HAVE EVIDENCE OF ONE DOSE OF VACCINATION	NO
NT	YES <b>PER TRIP + Freight risk Mitigation Management Plan</b>	YES	YES	<a href="https://coronavirus.nt.gov.au/community-advice/border-controls">https://coronavirus.nt.gov.au/community-advice/border-controls</a>	*RECORD OF CLOSE CONTACT	NO
QLD	YES – FROM ALL STATES <b>FORTNIGHTLY</b>	<b>YES – YOU NEED PROOF OF A NEGATIVE TEST WITHIN 7 DAYS OF ENTRY INTO QLD – MUST BE A PCR (POLYMERASE CHAIN REACTION) NOT A RAT (RAPID ANTIGEN TEST) RESULT</b>	YES – IN THE GREATER BRISBANE AREA AND SURROUNDS – INDOORS OR IF YOU ARE NOT ABLE TO PRACTICE SOCIAL DISTANCING OUTDOORS	<a href="https://www.qld.gov.au/border-pass">https://www.qld.gov.au/border-pass</a>		YES – FROM 15/10/2021 EVIDENCE OF 1 <sup>ST</sup> VACCINATION AND PROOF OF A NEGATIVE RESULT WITHIN LAST 7 DAYS  FROM 15/11/2021 EVIDENCE OF 2 <sup>ND</sup> VACCINATION OR EVIDENCE OF A BOOKING FOR 2 <sup>ND</sup> VACCINATION
VIC	YES <b>WEEKLY</b>	YES, IF FROM A RED ZONE – EVERY 3 DAYS	<b>YES</b>	<a href="https://www.service.vic.gov.au/services/border-permit/home">https://www.service.vic.gov.au/services/border-permit/home</a>		YES-FROM 15/10/2021 EVIDENCE OF 1 <sup>ST</sup> VACCINATION

						FROM 26/11/2021 MUST BE FULLY VACCINATED
<b>SA</b>	YES <b>EXITING ET NUMBER UNLESS EXPIRED</b>	YES - ARRIVING FROM OR HAVE BEEN TO NSW, ACT & VIC PROOF OF A NEGATIVE RESULT WITHIN <b>72 HRS</b>	YES – WHENEVER IN CONTACT WITH THE PUBLIC	<a href="https://www.police.sa.gov.au/sa-police-news-assets/front-page-news/sa-police-news">https://www.police.sa.gov.au/sa-police-news-assets/front-page-news/sa-police-news</a>	* RECORD OF CLOSE CONTACT IS STILL REQUIRED TO BE FILLED OUT	YES-FROM 7/10/2021 EVIDENCE OF 1 <sup>ST</sup> VACCINATION
<b>WA</b>	YES-IF FROM ANY STATE <b>G2G PASS SET UP ON PHONE</b>	YES – MUST HAVE PROOF OF A NEGATIVE RESULT WITHIN <b>72 HOURS</b> OF ENTERING WA <b>A RAPID ANTIGEN TEST (RAT) MUST ALSO BE UNDERTAKEN AT THE BORDER AND YOU WILL NEED TO AWAIT YOUR RESULT</b>	<b>YES</b>	<a href="https://www.wa.gov.au/government/document-collections/corona-virus-covid-19-state-of-emergency-declarations">https://www.wa.gov.au/government/document-collections/corona-virus-covid-19-state-of-emergency-declarations</a>	MUST SELF ISOLATE WHEN NOT WORKING	YES – FROM 24/10/2021 MUST HAVE EVIDENCE OF AT LEAST ONE VACCINATION AND PROOF OF A TEST WITHIN 72 HOURS  FROM 24/12/2021 MUST HAVE HAD TWO VACCINATIONS

## [LINK TO QLD FREIGHT PROTOCOL](#)

<https://www.health.qld.gov.au/system-governance/legislation/cho-public-health-directions-under-expanded-public-health-act-powers/border-restrictions/freight-services-protocol>

## [LINK TO MAP OF TESTING SITES](#)

<https://nhvr.maps.arcgis.com/apps/webappviewer/index.html?id=eb63f81247844052aaad2f71fe31792c>

## COVID-19 TESTING SITES

We request all long-distance drivers to be COVID-19 tested on a **7-DAY CYCLE**.

If you are presenting for an asymptomatic test there will be **NO** consequences as a result of not self-isolating, even if you are instructed to do so.

If you present to a regional hospital and are told you must self-isolate, please **DO NOT** argue with the hospital staff, just have the test and say thanks and leave.

### TRUCK FRIENDLY

#### QLD

Port of Brisbane 58 Port Drive – 6am – 5pm Mon – Fri 6am – 3pm Sat 6am – 11.30am Sun  
Caltex Goondiwindi – 8am-4pm 7 days  
BP Charlton – 8am-4pm (Mon-Fri) 8am-3pm (Sat-Sun)  
Boondall Entertainment Centre 1 Melaleuca Drive – 8am – 4pm 7 days

#### SA

Oodla Wirra Fruit Fly checkpoint – 8am – 5pm 7 days  
Tailem Bend- 24 hours 7 days  
Yamba Caltex- 8am-4pm 7 days  
Port Augusta Respiratory Clinic (behind hospital, off Giles Street) ring first 08 8668 7786  
Puma Port Augusta – 9.00am to 5.00pm

#### NSW

Broken Hill Memorial Park Oval Williams St – 8 am – 5 pm 7 days  
Dubbo, Blackbutt rest area, Northbound, Newell Hwy – assisted staff onsite between 6am – 9pm 7 days (telehealth after hours)  
Branxton Rest Area – 24 hours 7 days **OPENING 7AM THURSDAY 9<sup>TH</sup> SEPT**  
BP Marulan - 24 hours 7 days  
BP Ballina 41 Bruxner Hwy – 24 hours 7 days  
Ampol Yass 1715 Yass Valley Way (off Hume Hwy) - 24 hours 7 days  
Armidale Airport Business Park Cameron Rd (off New England Hwy – 8am – 3pm Mon-Fri 8am – 12pm Sat-Sun)  
Puma Moree 3 Blueberry Road – 8am – 3pm 7 days  
Dubbo Showgrounds – 8am – 4pm Mon-Fri 8am – 12pm Sat-Sun  
Narrandera Roadhouse- 24 hours 7 days  
Taree Service Centre (Pacific Highway)- 24 hours 7 days  
Narrabarba Rest Area (Princes Highway) - 24 hours 7 days  
Tarcutta truck change-over yard – 24 hours 7 days  
Forbes Caltex Service Centre (Newell Highway) – 24 hours 7 days  
Walgett Hospital 141 Fox St –

#### VIC

Beveridge Truck Stop (Southbound) (Hume Freeway) – 6pm – 6am (STC)  
Broadford Weighbridge (Northbound) (Hume Freeway) – 6pm – 6am (STC)  
Benalla Health – Drive through – 45-63 Coster Street – 9.30am – 6pm (Mon-Fri) 1.30pm – 3.30pm (Sat-Sun)  
Northeast Health-Wangaratta 58 Docker Street – 8am – 12.30pm (Mon, Wed, Fri, Sun) Closed (Tue, Thu, Sat)  
Wodonga Respiratory Clinic – 224-226 Beechworth Road – 8.30am – 6pm (Mon – Fri) Closed (Sat-Sun)

#### NT

Freight Industry Testing Facility- Truck Central (15 Tandem Street, Wishart NT)- Monday, Tuesday and Wednesday  
8am-4pm

**Must book a test: Call 0448 582 731 during above hours. Once arrived, stay in vehicle and call or text 0448 582 731**

### NON - TRUCK FRIENDLY

#### QLD

Baillie Henderson Hospital- 8:30am-4pm 7 days  
Browns Plains Community Centre – Cnr Middle Rd & Wineglass St Hillcrest

**NSW**

Broken Hill (CRYSTAL STREET)- 10am-2pm Monday to Friday (CAR DRIVE THROUGH)  
Wilcannia- 8.30am-4pm Monday to Friday (PARK TRUCK AND WALK) (SLOW WITH RESULTS)

**WA**

Armadale Health Service, Ground Floor, 3056 Albany Highway, Mount Nasura – 10am to 6pm 7 Days

**PLEASE ENSURE THAT YOU SEND A COPY OF YOUR TEST AND THE RESULT TO THE COMPLIANCE PHONE**

**If you are not sure of anything, please give the compliance phone a ring.**

**You can now record and upload a photo of your test and result on your I-Face (Found under Forms).**

*We recommend all staff be vaccinated as soon as practical*

**WALK IN VACCINE CLINICS**

**QLD**

Rocklea Showgrounds – Gooburra & Ipswich Rds  
Logan Entertainment Centre – 170 Wembley Rd Logan Central  
Ipswich CBD Community Clinic – 163 Brisbane St Ipswich  
Clifford Gardens Toowoomba – Carpark under shopping centre  
John Flynn Hospital Tugun – 8am – 8pm 7 days  
Adjacent to Westfield Coomera – date TBA  
Goondiwindi Showgrounds Flower Pavilion – 6am – 10pm 7 days

**NSW**

Broken Hill Civic Centre – 31 Chloride St Broken Hill  
Wyong Hospital – Pacific Hwy Wyong

